

Hello Autumn

select
RECRUITMENT

VOLUME 14 - MARCH 2017

We are now officially in Autumn and although in a lot of parts of the country it didn't feel as if we have had a Summer; the weather of late has been pretty good and we can only hope that we can drag out a few more sunshine hours over the next few weeks.

With a change in season; there can also be a want or need for a change in jobs and I would encourage you to view our job board at select.co.nz/job-board to check out our latest vacancies. We have new roles being posted daily so it is certainly worth your time to check it out and while you are there you should also hop onto our Facebook page and 'Like' it as we have a number of opportunities posted on this page plus a number of competitions.

This month we have an opportunity for you to win a \$100 voucher from our friends at Laneway Café in Bath Street; so as they say you have to be in-to-win so jump onto your phones/laptop now and 'Like' 'Share' and 'Tag' a mate to be in the draw! We also have coming very soon...an Instagram page where we will also have updates etc. and we will give more information on this as we are about to go live.

I wish you all the best for March and if I or any one of my team members are able to help in anyway; please contact us at anytime on (03) 477 0873.

Regards,

Karen Bardwell - Managing Director

MEET THE STAFF



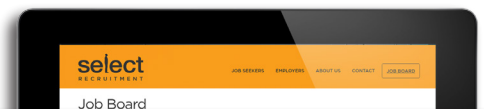
SAMANTHA VEALE
Commercial Temping
Consultant

As a Commercial Temping Consultant, Sam works with a wide range of businesses and candidates to find the right person for casual, short and long term temping assignments. Sam has worked in a variety of roles across New Zealand and Australia which gives her valuable insight into the needs of different organisations. After a successful career as a Senior Travel Consultant, Sam has found her passion in recruitment. If you are seeking short term and temporary work in the commercial sector, or wish to hire staff for your commercial business, Sam will be happy to help.



MEGAN CADOGAN
Commercial Recruitment
Resourcer

Megan joined Select as the Commercial Recruitment Resourcer, and is responsible for ensuring that the Recruitment Consultants have a consistent flow of candidates ready to be placed into temporary and permanent assignments. Megan also coordinates the marketing and social engagement aspects of the business which means she is consistently attracting and engaging with the best candidates in the market. Originally from the UK, Megan has a strong background in recruitment and telesales.



LIKE • SHARE • TAG

**WIN A \$100
LANEWAY VOUCHER
WITH SELECT**

LIKE, SHARE & TAG
THIS POST AT [FACEBOOK.COM/SELECTRECRUITMENT](https://www.facebook.com/selectrecruitment)
TO BE IN-TO-WIN! WINNER TO
BE DRAWN MARCH 14, 12PM

JOB HUNTING?

When was the last time you checked out our job board? Did you know that your next opportunity might be here?

Make sure your CV is up-to-date and relevant to the job you are applying for.

select.co.nz/Job-Board

COMMITTED TO HEALTH AND SAFETY

Select Recruitment has just retained its Tertiary accreditation which is the highest possible rating one can achieve in relation to Health and Safety. This demonstrates Select's continued commitment to best practice, H&S management and ensuring that each and every candidate returns home safe to their families after a days work.

If you want to look for an opportunity with a company that truly cares for its people then check out our job board at select.co.nz/job-board



FATIGUE CAN BE A REAL WORK PLACE HAZARD TO YOURSELF AND OTHERS

You risk your own and others safety if you are fatigued at work. Here are some important ways that you can reduce work place fatigue:

- Establish good sleeping patterns. You should aim to have 8 hours of uninterrupted sleep before your work day begins
- Get plenty of exercise. Even putting aside 30 minutes each night for a walk can reduce fatigue the following day
- Maintain a healthy diet that includes plenty of fruit and vegetables
- Make sure you take all of your scheduled work breaks



business.govt.nz/worksafe Keep up to date with the New Regulations regarding the Health and Safety at Work Act.

habitatwork.co.nz An educational tool promoting self-help and problem solving for preventing and managing discomfort, pain and injury.

health.govt.nz Call Healthline on 0800 611 116 for free advice from our trained registered nurses.

acc.co.nz Find useful information on injury management (return to work/rehabilitation) processes.

ARE YOU A HEALTH & SAFETY REP?

You can help keep you and your colleagues safe at work by providing a voice for your team! Encourage meetings on a regular basis where everyone can talk freely about potential health and safety concerns.

IMPORTANT REMINDERS TO ALL TEMPS

- To ensure you are paid on time you must have an accurate & signed (by your site supervisor) time-sheet to Select by 9.00am each Monday.
- Ring immediately or at least 1 hour before you are due to start work if you can't attend work because you are sick.
- Make sure you wear all safety gear (PPE) AT ALL TIMES. It is important to regularly check the condition of your PPE gear and equipment eg: the soles of your steel capped boots.
- Report all incidents immediately by ringing **(03) 477 0873**
- Follow all Health and Safety procedures on site
- You must report all work accident/incidents to Select immediately
- Ask your supervisor if you have any safety concerns
- Report any hazard immediately to your site supervisor and Select to help prevent accidents



SELECT RECRUITMENT
YOUR NEXT OPPORTUNITY MIGHT BE HERE

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facebook.com/selectrecruitment

ACCIDENT/
INCIDENTS:

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