



Welcome to the May edition of the Select newsletter. It has as always; been a busy month for the team at Select. We recently had our Candidate Communication Meeting and we had great numbers along, our best ever in fact. These meetings are designed to cover a wide range of topics but are effectively there to hear your feedback as valued employees of Select Recruitment. They are a 30 minute interactive meeting where we value your feedback, we even put on some food and treats.

We had our 'Temp of the Quarter' Award that went to Mary who won a \$100 voucher of her choice and Sam won our mystery prize (everyone that attended the communication meeting went in the draw) and they were tickets for 2 to the Corporate Lounge at Forsyth Barr Stadium for the Highlanders vs. Stormers game, we even put on a win for Sam that night. Keep an eye out for the next meeting and why not pop along, you might even win a prize.

Keep an eye out this month for our fantastic Facebook competition where you can win 2 tickets to the hottest event in town this year; the Highlanders vs. Lions game on June 13th. The Lions only tour New Zealand every 12 years and this is set to be the biggest game of rugby for the year. So don't forget to *Like* our Facebook page, *Share* the post and *Tag* someone you want to come to the game with you. A lot of information is shared through our Facebook platform so if you have not 'Liked' our Select Recruitment Facebook page, please do so as I am sure the information and employment opportunities will be something you want to keep an eye on.

Don't forget to also check out our Select job board select.co.nz/Job-Board as we always have new opportunities being posted daily. Although there are currently challenges within the labour market we are still seeing strong growth throughout the region and as a result we continue to see many employment opportunities.

Karen Bardwell – Managing Director

facebook.com/selectrecruitment

select.co.nz/Job-Board

linkedin.com/company-beta/4808765/



MEET THE STAFF

LISA EDWARDS
Senior Consultant
Technical

Lisa has been with Select for over 20 years and offers a wealth of recruitment experience within the Technical and Executive divisions. Lisa has extensive knowledge across a range of sectors including Civil, Mining, Engineering, Construction, Primary Industry, Education and Utilities. Her experience includes psychometric assessment and evaluation, as well as human resource consultancy and project management. Lisa uses her strong analytical capability to deliver effective candidate measurement and evaluation, ensuring the right candidate is selected for the job.



Congratulations to Mary for winning 'Temp of the Quarter'. Sam Veale, our Commercial Temping Consultant, presented Mary (left) with a \$100 voucher. Well done Mary!

Winning the prize draw for attending our Candidate Communication Meeting (tickets for 2 to the corporate lounge at Forsyth Barr Stadium) is Sam (left) with Gemma Muldrew, our Industrial Recruitment Manager.

If you attend our next Candidate Communications Meeting it could be you taking away a fantastic prize!

LIKE • SHARE • TAG

**WIN 2 TICKETS TO THE HIGHLANDERS VS LIONS
FORSYTH BARR STADIUM - 13 JUNE 2017, 7.35PM**

LIKE, SHARE & TAG a friend @ facebook.com/selectrecruitment
& the two of you could be off to the game!
Winner to be drawn Thursday, 8th June LIVE at 3pm





ACCIDENT/
INCIDENTS
APRIL 2017

3

Select have the highest possible rating one can achieve in relation to Health and Safety. This demonstrates Select's continued commitment to best practice, H&S management and ensuring that each and every candidate returns home safe to their families after a days work.



HAZARD OF THE MONTH: SPRAINS & STRAINS

Anyone can get injured, whether by playing sport, or doing normal daily activities at home or work. Injuries usually involve soft tissues-muscles, tendons and/or ligaments. All soft tissue injuries need immediate attention and treatment to prevent further damage. Injuries need time to allow full recovery before you return to normal activity, or play sports. **Sprains and strains usually fall into two groups; overuse and sudden injury.**

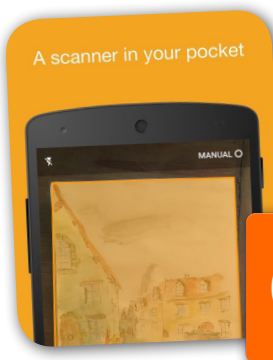
TREATMENT: The first 48 hours are vital in the management of any soft tissue injury. Healing time for most soft tissue injuries, particularly sudden injuries involving swelling, pain and bleeding (bruising), can be shortened by carrying out the **R.I.C.E** treatment immediately. This process can also significantly help with pain relief.

REST: Prevents further damage

ICE: Reduces inflammation, pain and muscle spasm.

COMPRESSION: Reduces bleeding and swelling. Compression is the most important treatment in the first 48 hours.

ELEVATION: Raises the injured limb to help reduce swelling and limiting bleeding to the injury site.



A scanner in your pocket

SCAN YOUR TIMESHEETS WITH GENIUS SCAN!

GENIUS SCAN ENABLES YOU TO QUICKLY SCAN TIMESHEETS ON-THE-GO AND EXPORT YOUR SCANS AS JPEG OR PDF WITH MULTIPLE PAGES!

The *Genius Scan* scanner technology includes smart page detection, perspective correction and image post-processing. Typically, when you take a photo of a picture, you are not perfectly aligned and the light is not perfect. Genius Scan takes care of that for you!

Make sending through your timesheets easier by downloading Genius Scan today from the App Store for iPhones or Google Play for Android!

USEFUL LINKS

business.govt.nz/worksafe Keep up to date with the New Regulations regarding the Health and Safety at Work Act.

habitatwork.co.nz An educational tool promoting self-help and problem solving for preventing and managing discomfort, pain and injury.

health.govt.nz Call Healthline on 0800 611 116 for free advice from our trained registered nurses.

acc.co.nz Find useful information on injury management (return to work/rehabilitation) processes.

IMPORTANT REMINDERS TO ALL TEMPS

- To ensure you are paid on time you must have an accurate & signed (by your site supervisor) time-sheet to Select by **9.00am each Monday**.
- Ring immediately or at least 1 hour before you are due to start work if you can't attend work because you are sick (**a txt message is not acceptable**).
- Make sure you wear all safety gear (PPE) AT ALL TIMES. It is important to regularly check the condition of your PPE gear and equipment eg: the soles of your steel capped boots.
- Report all incidents immediately by ringing **(03) 477 0873**.
- Follow all Health and Safety procedures on site.
- You must report all work accident/incidents to Select immediately.
- Ask your supervisor if you have any safety concerns.
- Report any hazard immediately to your site supervisor and Select to help prevent accidents.

SELECT RECRUITMENT YOUR NEXT OPPORTUNITY MIGHT BE HERE

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